

9th Annual Conference of Clinical Cardio Diabetic Society of India (CCDSI)

CCDSI CON-2025

23rd - 24th August, 2025 **KOTA**

Venue: Hotel Mukundra Sarovar Premiere, Kota

SCIENTIFIC PROGRAM

Day 1 : 23rd August 2025 - Saturday (Hall-A)

Hall Coordinators : Dr. Saurabh Chittora (9680559533), Dr. Ashutosh Chaturvedi (9829235432),
Dr. S S Dariya (9414270277), Dr. Neetu Soni (9820640110)

TIME	TOPICS	SPEAKER	CHAIRPERSONS
Session 1			
9:00 - 9:15 AM	Obesity and MASLD: The silent epidemic of Indian liver health	Dr. K K Lohani (Gaya)	Dr. Sanjay Kumar, Dr. Rampal
9:15 - 9:30 AM	Revolution in the treatment of erectile dysfunction : No drugs no surgery	Dr. Deepak Jumani (Mumbai)	Dr. R P Pareek
Session 2			
9:30 - 9:45 AM	Stress induced metabolic disorders (chronic disorders)	Dr. Hemshankar Sharma (Bhagalpur)	Dr. Shyam Sunder, Dr. S K Goyal
9:45 - 10:00 AM	Type 1 diabetes- Diagnostic challenges and management	Dr. Jayshree Swain (Odisha)	Dr. Prem Nagar
Session 3			
10:00 - 10:15 AM	ACS in young Indians: Risk factors and management	Dr. Anil Virmani (Jamshedpur)	Dr. V. K. Kshetrapal
10:15 - 10:30 AM	Interesting clinical cases with prolonged QT interval	Dr. A N Rai (Gaya)	Dr. Pradyumn Sharma Dr. Ranjan Kumar (Patna)
Session 4			
10:30 - 10:45 AM	Hypertension in Young Adults: An Emerging Epidemic	Dr. Jayant Panda (Cuttack)	Dr. K Shringi, Dr. J. L. Punglia
10:45 - 11:00 AM	HIP : insulin therapy	Dr. Sunil Gupta (Nagpur)	Dr. N. K. Gupta
Dr. A N Rai Oration			
11:00 - 11:20 AM	Changing face of diabetes	Dr. S. K. Sharma (Jaipur)	Dr. Rajnish Saxena Dr. Meenaxi Sharda Dr. Neeraj Kumar (Gaya)
Panel Discussion 1 - Lipids Residual Cardiovascular Risk: Beyond LDL - What Are We Missing?"			
11:20 - 12:20 PM	Moderator : Dr. Ashutosh Chaturvedi A. Understanding Residual Risk: What Remains After LDL Lowering? B. Role of Triglycerides and Remnant Lipoproteins in Residual Risk C. ApoB and Non-HDL Cholesterol: Superior Markers? D. Lipoprotein(a): The Overlooked Culprit in Residual Cardiovascular Risk E. New Therapeutic Strategies to Address Residual Risk F. Lipid testing : WHEN - WHY & HOW?	Panelists : Dr. Rajesh Kesari (Delhi) Dr. Manoj Saluja (Kota) Dr. Srikant Dhar (Cuttack) Dr. Jayant Sharma (Kolkata) Dr. E Prabhu (Chennai) Dr. Sanjay Dash (Orissa)	
Session 5			
12:20 - 12:35 PM	Circadian rhythm role in metabolic disorders	Dr. Narsingh Verma(Lucknow)	Dr. Gagan Gunjan
12:35 - 12:50 PM	Recent advances and future in management of HTN	Dr. Akash Singh (Vadodara)	Dr. Rajeev Kumar Jha (Patna) Dr. Deepak Kumar Das (Bareilly)
CCDSI Oration			
12:50 - 1:10 PM	Rising Diabetes In young: need to know more	Prof. Dr. Aravinda. J (Bengaluru)	Dr. Puneet Saxena Dr. Anil Virmani Dr. V K Goyal
Panel Discussion 2 - Heart Failure in 2025: Integrating Innovations with Clinical Realities			
1:10 - 2:10 PM	Moderator : Dr. S S Dariya (Jaipur) A. Burden and Epidemiology of Heart Failure in India B. Approaches to Diagnosis and Risk Stratification C. Optimizing Heart Failure Management - GDMT D. Surgical and Device-Based Interventions : Current Trends and Future Directions E. Refractory heart failure F. Future Perspectives in heart failure mangement	Panelists : Dr. P K Sinha (Gaya) Dr. B K Singh (Aurangabad) Dr. Shaibal Guha (Patna) Dr. Anil Samaria (Ajmer) Dr. Tapas Bandopadhyay (Kolkata) Dr. Apu Adhikary (West Bengal)	

Session 6			
2:10 - 2:25 PM	CKM Syndrome	Dr. Dipanjan Bandopadhyay (Siliguri)	Dr. Sunita Mishra
2:25 - 2:40 PM	Rethinking Obesity Beyond BMI : Importance of phenotypes	Dr. Madhukar Rai (Varanasi)	Dr Niraj Bohania (Dhalkola-WB) Dr. V B Singh
Session 7			
2:40 - 2:55 PM	Anti platelet therapy- for whom, when and how ?	Dr. S Chandrasekhar (Telangana)	Dr. Anil Kulshrestha (Ahemdabad)
2:55 - 3:10 PM	Type 2 diabetes and hyperuricemia – The metabolic siblings	Dr. Subbu G R (Kochi)	Dr. Pranita (Raipur) Dr. Rohini Rokkam (Raipur)
Session 8			
3:10 - 3:25 PM	Gut microbiota and metabolic disorder	Dr. A K Singh (Varanasi)	Dr. Promise Jain
3:25 - 3:40 PM	Adult immunisation- How important are they in metaboloc diseases?	Dr. Kaushik Saha (Kolkata)	Dr. Mayank Gupta Dr. Mridulata Prajapari
Panel Discussion 3 - Prescribing Exercise in Metabolic Syndrome: How to Write an Exercise Prescription ?			
3:40 - 4:40 PM	Moderator : Dr. Sumeet Garg (Sawai Madhopur) A. Overview of Metabolic Syndrome and the Role of Exercise – Brief pathophysiology and rationale for exercise as a first-line intervention B. Evidence-Based Guidelines for Physical Activity in Met S – What international/ national guidelines recommend (e.g., ADA, WHO) C. The FITT Principle: Structuring the Prescription – Frequency, Intensity, Time, and Type of exercise in practice D. Barriers to Implementation and How to Overcome Them – Time constraints, patient motivation, socio-economic challenges E. Follow-Up, Monitoring, and Adjusting the Plan – Using wearables, step counts, activity logs & APPS	Panelists: Dr. S C Jha (Darbhanga) Dr. R K Modi (Purnea) Dr. Manish Agarwal (Ahmedabad) Prof. Dr Mohammad Shafat Imam Siddiqui (Varanasi) Dr. Santosh Swain (Puri)	
Session 9			
4:40 - 4:55 PM	Management of Hypertension in Stroke	Dr. Jyotirmoy Pal (Kolkata)	Dr. Pankaj Jain
4:55 - 5:10 PM	Managing diabetes & hypertension : War on two fronts	Dr. Munish Prabhakar (Gurugram) Dr. Ashok Taneja (Gurugram)	Dr. Parth Jethwani Dr. Girish Mathur
Inauguration Ceremony followed by ICCMD Fellowship Ceremony - 6 PM onwards			
Banquet Dinner - 8 PM onwards			

Day 2 : 24th August 2025 - Sunday (Hall-A)

Hall Coordinators : Dr. Mridulata Prajapati (9783747730), Dr. Mayank Gupta (9887528604), Dr. Madhulata Agarwal (9116776273), Dr. Parth Jethwani (9721535990)			
TIME	TOPICS	SPEAKER	CHAIRPERSONS
Session 10			
9:00 - 9:15 AM	Genetics of Lipidology	Dr. Kamaldeep Chawla (Vadodara)	Dr. Vijay Kumar (Patna) Dr. A R Pathan Dr. Shivcharan Jelia
9:15 - 9:30 AM	Diabetes in elderly - Special Consideration	Dr. Vijay Garg (Ujjain)	
9:30 - 9:45 AM	Endocrine Disruptors and Environmental Obesogens: Hidden risk factors in India	Dr. G B Sattur (Karnataka)	
Panel Discussion 4 - Hypertension Phenotypes: Beyond Office Blood Pressure			
9:45 - 10:45 AM	Moderator : Dr. Mayank Gupta (Jaipur) A. Masked Hypertension and White-Coat Hypertension B. Isolated Systolic Hypertension: The Forgotten Threat C. Resistant Hypertension: Definition, Evaluation, and Management D. Secondary Hypertension: When to Suspect and How to Diagnose E. Hypertensive Crisis: Emergency vs. Urgency F. Ambulatory BP Patterns: Dipping, Non-Dipping, and Morning Surge	Panelists: Dr. Anuradha Kapoor (Mumbai) Dr. Ashish Saxena (Ludhiana) Dr. Princi Jain (Delhi) Dr. Rajesh Kumar Jha (Indore) Dr. Abhishek Kumar (Patna) Dr. Chandrasekhar Valupdas (Telangana)	
Presidential Oration			
10:45 - 11:05 AM	Management of wicked combination of heart failure and chronic kidney disease in patient with diabetes.	Dr. K K Pareek (Kota)	Dr. A N Rai Dr. G D Ramchandani Dr. Girish Verma
Panel Discussion 5 - Obesity as a Chronic Disease: Are We Treating It Seriously Enough?			
11:05 - 12:05 PM	Moderator: Dr. Madhulata Agarwal (Jaipur) A. Redefining Obesity: From Risk Factor to Disease B. Pathophysiology of Obesity C. Adiposity based chronic diseases (ABCD) D. Barriers to Implementation in Healthcare Practice E. Global and National Guidelines: Are They Being Used or Ignored? F. Future Directions: Building Chronic Care Models for Obesity	Panelists: Dr. Pradeep Agarwal (Jaipur) Dr. Sanjiv Maheshwari (Ajmer) Dr. Neeraj Kumar (Gaya) Dr. Pawan Goyal (Rewari) Dr. Neelesh Kapoor (Delhi) Dr. Narendra Kumar (Patna)	
Session 11			
12:05 - 12:20 PM	New treatment modalities in DF	Dr. Rajnish Saxena (Ajmer)	Dr. Aradhana Sharma Dr. J. K. Singhvi Dr. Adil Aziz
12:20 - 12:35 PM	Lean diabetes: Need to know all about it	Dr. Anuj Maheshwari (Lucknow)	
12:35 - 12:50 PM	Diabetes remission : Evidence and strategies	Dr. Arvind Gupta (Jaipur)	
12:50 - 1:05 PM	Kidney Disease in Diabetes : Early recognition, prevention & management	Dr. Mritunjay Kumar Singh (Gaya)	

Session 12			
1:05 - 1:20 PM	Glycemic indices – importance and utility in diabetes management	Dr. J K Sharma (New Delhi)	Dr. Rohit Ishran
1:20 - 1:35 PM	Management of hypertension in the old, very old and fragile	Dr. Sangram Biradar (Karnataka)	Dr. C. P. Meena
1:35 - 1:50 PM	Evaluation of cardiac health : Present & future	Dr. Ajay Sinha (Patna)	Dr. G S Tater
Session 13			
1:50 - 2:05 PM	A patient centric measure in heart failure management (Home Time)	Dr. Pawan Singhal (Kota)	Dr. Jayant Sharma (Kolkata)
2:05 - 2:20 PM	Lifestyle medicine- Best prescription for cardiac health	Dr. Girish Mathur (Kota)	Dr. Yashasvi Gautam
			Dr. Mayank Gupta
Session 14			
2:20 - 2:35 PM	Science of obesity & cross connection with Type 2DM	Dr. Sailesh Lodha (Jaipur)	Dr. Rakesh Jindal
2:35 - 2:50 PM	Surmounting obesity with tirzepatide	Dr. Puneet Saxena (Jaipur)	Dr. Deepti Sharma
2:50 - 3:05 PM	Oral hypoglycemics Positioning in management of type 2 DM in today's scenario	Dr. Sudhir Bhandari (Jaipur)	Dr. Saurabh Chittora
Session 15			
3:05 - 3:20 PM	Pollution - Role in respiratory diseases and beyond	Dr. D P Singh (Bhagalpur)	Dr. Anil Choudhary
3:20 - 3:35 PM	Indian oils & spices: Role in CV health	Dr. Swati Srivastava (Jaipur)	Dr. J. L. Jethwani
			Dr. S S Dariya
Session 16			
3:35 - 3:50 PM	Where do we stand in managing DPN	Dr. Prakash Keswani (Jaipur)	Dr. Suresh Yadav
3:50 - 4:05 PM	Understanding and implementation of newer HTN Guidelines	Dr. Sajid Ansari (Lucknow)	Dr. Chandra Kant Lahariya (Delhi)
4:05 - 4:20 PM	Micro RNAs : From diagnosis to therapeutics in diabetes	Dr. Pramod Agarwal (Bihar)	Dr. S Jelja
Panel Discussion 6 - Diabetes in Pregnancy: From Preconception to Postpartum Care			
4:20 - 5:20 PM	Moderator : Dr. Anchin Kalia (Jaipur) A. Managing Preconception Diabetes: Optimizing Glycemic Control Before Pregnancy B. Gestational Diabetes: Risk Factors, & Diagnosis C. Monitoring of glycemic control in GDM D. Nutrition & exercise prescription in GDM E. Pharmacological Interventions in Gestational Diabetes F. Postpartum management for Women with GDM	Panelists: Dr. Prakash Keswani (Jaipur) Dr. Puneet Rijhwani (Jaipur) Dr. Sanjeev Kumar (Patna) Dr. Pradyumn Sharma (Jaipur) Dr. Mahesh Dave (Udaipur) Dr. Niraj Lodha (Pali)	
Valedictory Function			

Day 1 : 23rd August 2025 - Saturday (Hall-B)

TIME	TOPICS	SPEAKER / JUDGE	COORDINATORS
10:30 - 11:30 AM	FREE PAPER / POSTER PRESENTATIONS	Paper Presentation Judges - Dr. Meenaxi Sharda (Kota) Dr. S. K. Verma (Bikaner) Dr. V B Singh (Ajmer) Poster Presentation Judges - Dr. Adil Aziz (Jaipur) Dr. Sirshendu Pal (Siliguri) Dr. Shyama (Patna)	Coordinators : Dr. O P Meena (8619519170)
12:00 - 01:00 PM	Workshop: Hypertension Smart monitoring smarter decisions A. BP instruments- how to choose best one. B. ABPM- how ,when and why? C. Blood pressure monitoring devices of future - devices, apps and AI D. Home BP monitoring- conventional vs wearable	Dr. Sajid Ansari (Lucknow) Dr. Narsingh Verma (Lucknow) Dr. Gagan Gunjan (Jharkhand)	Workshop Coordinators: Dr. Devendra Ajmera (9468628428) Dr. Yajesh Arya (8118808626), Dr. Manoj Seval (9694919493), Dr. Tapas Vyas (7976331387)
01:00 - 02:00 PM	Workshop: Obesity A. Metrics in obesity. B. Body composition Analysis and interpretation. C. Evaluation of bone and Muscle health in obesity D. Digital Tools and AI in Obesity Management	Dr. Nandini Chatterjee (West Bengal) Dr. Soumitro Ghosh (Kolkata) Dr. Udas Ghosh (West Bengal) Dr. Smarajit Banik (Siliguri)	

Day 2 : 24th August 2025 - Sunday (Hall-B)

Hall Coordinator : Dr. Devendra Ajmera (9468628428)

TIME	TOPICS	SPEAKER / JUDGE	COORDINATORS
12:00 - 01:15 PM	Workshop: ECG A. How to interpret ECG- Common pearls - Dr. D P Khaitaan (15 minutes) B. ECG quiz (60 mins)	Dr. D P Khaitan (Gaya), Dr. Abhishek Kumar (Patna), Dr. Sanjeev Khunte (Chattisgarh)	
01:15 - 02:15 PM	Workshop: Devices in diabetes A. Integrating cgms in diabetes care B. Automated insulin delivery system C. Wearable devices present and future D. Digital health tools for diabetes self management	Dr. Sailesh Lodha (Jaipur) Dr. S. K. Sharma (Jaipur) Dr. Abhishek Srivastava (Jabalpur) Dr. Rakesh Parikh (Jaipur)	

Notes

For online registration & more information, visit :

ccdsicon2025kota.com

OFFICIAL CONFERENCE MANAGER :

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